



CHERYL BANNERMAN

“RECREATING HER IDENTITY ...ONE DAY
AT A TIME.”



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Cheryl Denise Bannerman is a multi-genre author of six successful works of fiction. At the age of 42, after burying her father, she learned a truth about her entire life that would shatter her identity, as she knew it. She was not her parent’s biological child.

Soon after, she buried her mother *along with the family secret*, proceeded to break free of an abusive marriage, and picked up the pieces of her life to start over in Florida. Through her faith in God, sense of humor, and intense therapy, she was able to ‘recreate her identity’ and come to terms with the truth.

One of the few female authors to introduce topics of social concern within ‘fictional’ stories, her books draw from her most intimate life experiences and include characters who have been victims of child molestation and domestic violence, and who suffer from depression and various addictions. In each novel, the characters are brought closer to Christ and ultimately overcome the trials placed in their path.

In hopes of removing some of the stigma surrounding seeking help with ‘therapy’, she openly shares how she survived and escaped her abusive marriage, and ‘recreated her identity’ at the age of 42. Now, she is helping victims of Domestic Abuse/Violence, Grief and ANON family groups, and Corporate Health and Wellness groups, to heal - creating their own ‘Happy Ending’...one day at a time.

The author now resides in Orlando, Florida, where she runs a virtual Training and Development company, GC Learning Services LLC dba Learn2Engage, which she founded in 1996.

